



Central and Ashgate Nursery Schools Federation Menu

Spring / Summer 2024

Breakfast – before 9am

Selection of cereals, toast with various toppings, fruit. Other items will be available to tie in with our theme or topic.

Week 1		Monday	Tuesday	Wednesday	Thursday	Friday
15.04.2024 06.05.2024 27.05.2024 17.06.2024 08.07.2024	Main	Southern fried chicken burger or veggie burger in a bun with rainbow slaw	Pork or vegan meatballs with tomato and vegetable sauce and pasta.	Tasty fried rice	Roast beef or Quorn fillet, served with Yorkshire pudding, mixed vegetables, roast potatoes and gravy.	Salmon bites or fishless fish fingers, served with green beans and diced potatoes
02.09.2024 23.09.2024 14.10.2024	Dessert	Eton Mess	Chocolate crispy cake	Strawberry mousse Slice	Peach slices and whipped cream	Apple and sultana crumble and custard

Week 2		Monday	Tuesday	Wednesday	Thursday	Friday
22.04.2024 13.05.2024 03.06.2024 24.06.2024 15.07.2024	Main	Pork or veg sausages, served with wedges and roasted vegetables.	Bubbly crumbed fish fillet or fishless fish fingers served with oven baked fries, mushy peas and lemon mayo	Vegetable tikka masala and naan bread	Roast chicken or Quorn fillet, with carrots, broccoli, new potatoes and gravy	Vegetable spring rolls, served with jasmine rice and sweet & sour sauce
09.09.2024 30.09.2024 21.10.2024	Dessert	Chocolate brownie	Vanilla and raspberry arctic roll	Fruit crumble and custard	Jelly and fruit	Chocolate chip cookies

Week 3		Monday	Tuesday	Wednesday	Thursday	Friday
29.04.2024 20.05.2024 10.06.2024 01.07.2024 22.07.2024	Main	Pizza stuffed jacket potato (v), served with Baked beans	Vegetable arrabiata pasta, served with grated cheese and garlic bread	Pork or vegetable sausages, served with Yorkshire pudding, mixed vegetables, new potatoes and gravy.	Traditional fish fingers or fishless fish fingers, served with sweet potato fries and garden peas	Chef's Special
16.09.2024 07.10.2024	Dessert	Fruit cheesecake	Jam sponge and custard	Fruit yoghurt	Choc Ice	Chef's Surprise

Afternoon high tea – after 4pm

Examples of meals include pitta breads, wraps, sandwiches, loaded baked potato skins and soup
Other items will be available to tie in with our theme or topic

Any dietary requirements will be provided as near to the main dish as possible.

Please ask at the office if you would like a paper copy of the menu. This menu is also available on our website.

This menu is subject to change depending on availability of foods and stock levels in school.

This ensures the cost is kept at a minimum for our families while still ensuring the highest quality meals.